

VENTURA SCHEDULE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
KIDS JIU JITSU							
KIDS 3 - 4 YEARS OLD	3:30 pm - 4:00 pm		3:30 pm - 4:00 pm		3:30 pm - 4:00 pm		
KIDS 5 - 6 YEARS OLD		3:30 pm - 4:00 pm		3:30 pm - 4:00 pm	3:30 pm - 4:00 pm		
JUNIORS FUNDAMENTAL (WHITE AND WHITE/GRAY BELT) 7 - 9 YEARS OLD	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm		
TEENS FUNDAMENTAL (WHITE AND WHITE/GRAY BELT) 10 - 13 YEARS OLD	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00pm - 6:00pm	4:00 pm - 5:00 pm		
JUNIORS BLACK BELT CLUB (WHITE/YELLOW BELT AND ABOVE) 7- 9 YEARS OLD	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm			
TEENS BLACK BELT BLACK CLUB (WHITE/YELLOW BELT AND ABOVE) 10-13 YEARS OLD	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm			
WRESTLING (WHITE/YELLOW BELT AND ABOVE)	4:00 pm - 5:00 pm		4:00 pm - 5:00 pm				
NO GI SUPER TRAINING (Black Belt club ONLY) 7 - 13 YEARS OLD					5:00 pm - 6:00 pm		
KIDS COMPETITION CLASSES (INVITED STUDENTS ONLY)					4:00 pm - 5:00 pm		
PARENTS AND KIDS						9:30 am - 10:00 am	
ADULT JIU JITSU							
FUNDAMENTAL JIU JITSU	9:30am- 10:30 am 6:00 pm - 7:00pm	7:00am- 8:00 am	9:30am- 10:30 am 6:00 pm - 7:00pm	7:00am- 8:00 am		10:00 am - 11 am	
ALL LEVELS	9:30 am - 10:30 am	7:00am- 8:00 am	9:30 am - 10:30 am	7:00am- 8:00 am		10:00 am - 11 am	
ADVANCED JIU JITSU	6:00 pm - 7:00 pm	5:00 pm - 6:00pm	6:00 pm - 7:00 pm	5:00 pm - 6:00pm			
NO - Gi		6:00 pm - 7:00 pm		6:00 pm - 7:00 pm			
PRO - TRAINING (GI AND NO-GI)					6:00pm - 7:30pm		
OPEM MAT	10:30 am -11:00am 7:00 pm - 8:00 pm	8:00am - 8:30 am 6:00 pm - 7:00 pm 7:00 pm - 8:00 pm	10:30 am -11:00am 7:00 pm - 8:00pm	8:00am - 8:30 am 6:00 pm - 7:00 pm 7:00 pm - 8:00 pm	6:00pm - 7:30pm	11:00 am-11:30 am	
JIU JITSU CONCEPTION (PROFESSOR CRAIG HUSBAND)						8:00am- 9:30 am	
(EVREY OTHER SUNDAY) COMPETITION CLASS							10:00am - 12 pm
KETTLEBELLS	8:15 am - 9:15 am 5:00 pm - 6:00 pm		8:15 am - 9:15 am 5:00 pm - 6:00 pm		8:15 am - 9:15 am 5:00 pm - 6:00 pm	8:30 am - 9:30 am	

ADULT INTERMEDIATE, ADULT ADVANCE, NO-GI and open mat is to students who finish 24 FUNDAMENTAL classes and got invited